Holden’s psychology

* Idolises brother, and he recognises that his brother is everything he is not
* Holden is living in regrets
* Choosing to reject the real world and accepting isolation
* Feels like he is not enough as he has to save everyone
* Holden give phoebe the hat symbolising he is letting go of his insecurities and passing them on to her
* Verbalising his fears of powerlessness